From dead white to natural bright

Bleach Cases

By Aiham Farah, Syria

A 45-year-old female presented to the clinic with an esthetic request, she desires a smile change. Apparently she was seeking (esthetic), and what was really behind this was a non-vital appearance of the maxillary incisors. The patient was examined in the dental studio. The patient was a non-vital appearance of the maxillary incisors. The patient was examined in the dental studio. The patient was examined in the dental studio. The patient was examined in the dental studio.

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esthetics parameters of fit have also been checked carefully, fine-grit diamond burs, finishing and polishing rubber heads (OptraFine Assortment, Ivoclar-Vivadent) were used to remove excess residual cement and to eliminate all occlusal interference and occlusal material to a natural glamour of ceramic surface shin. (Fig 11) During the follow up appointment, a final checkup and modifications were made to eliminate all occlusal interference.

Relative translucency level
The level of translucency was kept minimal relatively to the patient age and shade whiteness chosen by her, as our priority was to mask and boost the brightness, and brightness and translucency contradicted to a certain extent, though translucency kept relatively minimal. (Fig 12)

Color restriction
What makes bleach cases more complicated is color restriction, as in our present patient case, she wants to keep the old lower veneers that she had before, and replace just the upper with a brighter and more vital set of bleach veneers, so we are obliged here to keep a chromatic shade matching especially on the cervical part of the upper veneers with the lowers, and increase the level of brightness in the mid-third of the upper veneers than that of the lowers. (Fig 15)

Personality change
What we simply did was changing not just the patient smile literally, but changing the smile on her face emotionally, the feeling that she can look younger pushed her to continue working on herself, and that appeared clearly on each follow up visit to the clinic she was making, one time skin was taken care off, the next time hair and make up, then back again to the smile to contour it with a better frame of lips by using fillings. (Fig 14) So what we did is that we put her on the beginning of the cosmetic track. (A year after the dental treatment she looked one year younger) what dentist stated. So we contributed to change her life.

Dental Photo shooting
Our patient has a photogenic face and she didn’t mind to be our model for a few photo shootings sessions, which encouraged us to take all possible poses that showed clearly the strength areas and talent in fabricating such cases, some snakes with different color contrast were used to show the optical properties of the translucent opal and bright Manzoline material used. Thanks to the expert Mr. Florin Stoboran from Romania who helped in the final photoshoot. (Fig 15, Fig 16, Fig 17)

Conclusion
A decision to repeat the veneers with a new brighter set of veneers was faithfully taken (after recognizing that a flawless set can be achieved if all obstacles can be taken into considerations). The honest and ethical opinion of the dental teamwork (what we did was okay, but we can do better), even if the patient okayed the present outcome. This is what really takes the level of esthetic dentistry to the next level.

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